

# GREEN CHALLENGE

Celebrate Mother Earth any day with this 30-day challenge! Download this calendar and cross off activities each day. Compete with friends and take photos as you go! You can skip around to do what works in your schedule as long as you complete the challenge.

<b>1</b> Write down an Earth gratitude list. <input type="checkbox"/>	<b>2</b> Eliminate meat from one meal today. <input type="checkbox"/>	<b>3</b> Go on a hike to picnic and enjoy nature. <input type="checkbox"/>	<b>4</b> Store leftovers in reusable containers. <input type="checkbox"/>	<b>5</b> Watch an environmental documentary. <input type="checkbox"/>	<b>6</b> Join a local environmental organization. <input type="checkbox"/>
<b>7</b> Skip the straw or buy a reusable one. <input type="checkbox"/>	<b>8</b> Shut the water while brushing your teeth. <input type="checkbox"/>	<b>9</b> Unplug and have a tech-free day. <input type="checkbox"/>	<b>10</b> Ride your bike or walk everywhere. <input type="checkbox"/>	<b>11</b> Eliminate meat from all meals today. <input type="checkbox"/>	<b>12</b> Swap out cleaners with green ones. <input type="checkbox"/>
<b>13</b> Calculate your carbon footprint. <input type="checkbox"/>	<b>14</b> Go on a sound hunt in your neighborhood. <input type="checkbox"/>	<b>15</b> Lower your water heater two degrees. <input type="checkbox"/>	<b>16</b> Use reusable tote bags instead of plastic. <input type="checkbox"/>	<b>17</b> Learn more about an environmental issue. <input type="checkbox"/>	<b>18</b> Write a letter to your representative. <input type="checkbox"/>
<b>19</b> Take a travel mug to the coffee shop. <input type="checkbox"/>	<b>20</b> Pick up 10 items of litter while out today. <input type="checkbox"/>	<b>21</b> Visit a natural park in person or virtually. <input type="checkbox"/>	<b>22</b> Share an environmental fact on social media. <input type="checkbox"/>	<b>23</b> Support local farmers at farmer's markets. <input type="checkbox"/>	<b>24</b> Donate time or money to a local organization. <input type="checkbox"/>
<b>25</b> Plant a garden/join a community garden. <input type="checkbox"/>	<b>26</b> Skip the dryer and hang dry laundry. <input type="checkbox"/>	<b>27</b> Follow environmental accounts online. <input type="checkbox"/>	<b>28</b> Buy something secondhand. <input type="checkbox"/>	<b>29</b> Donate or sell an item you don't need. <input type="checkbox"/>	<b>30</b> Recalculate your carbon footprint. <input type="checkbox"/>

Sunny Daisies designed by **Farijazz**

